



Bright Star Schools: Race and Equity Resource Toolkit

This document is intended to provide you with resources to use for your own learning and in preparing to participate in courageous dialogue.

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Resources for Learning About Black Lives Matter

- [Black Lives Matter](#) official website
- [Black Lives Matter on The New Civil Rights Movement](#): video brief from AJ+
- [TED - An Interview with the Founders of Black Lives Matter](#)
- [Need to Know - Teaching Black Lives Matter in School](#): WXXI Rochester video piece
- [Why Teaching Black Lives Matter Matters](#) - learn and teach the basic history and tenets of the Black Lives Matter Movement for racial justice

Resources for Preparing a Positive Classroom Environment and Dialogue With Students

- [Difficult Conversations - A Self Assessment](#): a tool to reflect on your own vulnerabilities, strengths, and needs.
- [Responding to Strong Emotions](#): another tool to think about how you can create emotional safety in your classroom.
- [Let's Talk: Discussing Race, Racism & Other Difficult Topics with Students](#): Learning how to communicate about such topics as white privilege, police violence, economic inequality
- [Teaching Young Children about Race](#): a guide for parents and teachers.
- [Begin Within](#): a guide to help build confidence and prepare for conversations about race and racism.
- [Bringing Black Lives Matter to the Classroom](#) - introduces ways to discuss Black Lives Matter across all grade levels.

Establishing a Safe Space for Difficult Conversations

- [Establish a Safe Learning Environment](#) (Anti-Defamation League)
- [What Do Safe, Respectful, and Inclusive Virtual Classrooms Look Like?](#) (ADL)
- [Fostering Civil Discourse: How Do We Talk About Issues That Matter?](#) (Facing History)
- [Preparing Students for Difficult Conversations](#) (Facing History)
- [Creating a Safe Space for Educators to Discuss Sensitive Current Events](#) (Edutopia)
- Learning for Justice: [Don't Say Nothing: Responding to Police Violence](#).
- @liberated_sel: [Holding Space for Grief After Losing Daunte Wright](#) offers some ways to hold space for grief and healing.

Lesson Plans and Activities

Lessons and activities for teachers to adapt and implement in their classrooms.



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Elementary School Level

- [Looking at Race and Racial Identity Through Critical Literacy in Children's Books](#): lesson to talk about racial identity and the harmful potential of racial stereotypes.
- [Anti-Racism For Kids 101: Starting To Talk About Race](#)
- [Different Colors of Beauty](#): Lessons to help students openly develop and discuss their racial or ethnic identities.
- [Understanding Prejudice Through Paper Plate Portraits](#)
- [Black Youth Matter](#) coloring pages
- [Anti-Racism Activity - The Sneetches](#)

Secondary-Level

- Morningside Center Black Lives Matter Lesson Series:
 - Lesson 1: [An Introduction](#)
 - Lesson 2: ["All Lives Matter" versus "Black Lives Matter"](#)
 - Lesson 3: [What is Black Lives Matter Working Towards?](#)
- [Black Lives Matter - From Hashtag to Movement](#)
- [Racial Disparity in the Criminal Justice System](#):
- [Using Editorial Cartoons to Teach Racial Profiling](#)
- [What is the School to Prison Pipeline?](#)
- [What Happened in Ferguson and Why?](#)
- [Black Lives Matter - Continuing the Civil Rights Movement](#): from the Choices Program
- [Social Justice Advisory Chat: Black Lives Matter](#)

Circle/Council Scripts

For those who do not implement circles within their classroom communities, these scripts can simply be used as discussion prompts. They span grade levels, and can be adapted for your class.

- Sharing our experiences of race - [Circles 1-3](#)
- Learn about Black Lives Matter Movement and why All Lives Matter isn't the best response: [Circle 4](#)
- Respond to Jesse Williams's BET speech: [Circle 5](#)

Circles and Activities on Related Topics

- [Circle Forward book](#) provides circles on identity, privilege and oppression.
- [BSS Council Overview and Resources](#)
- [Community Circle - In Distance Learning](#)

Curriculum & Instruction Resources

- [Social Justice Standards - The Teaching Tolerance Anti-bias Framework](#): The Social Justice Standards feature age-appropriate learning outcomes divided into the domains of Identity, Diversity, Justice, and Action. These standards can be used to guide curriculum development and make schools more just, equitable, and safe.
- [Black Lives Matter - San Francisco Unified School District Teaching Page](#): a compilation of resources and lessons from San Francisco

Continuing the Conversation

The work doesn't stop here; talking about race and equity to promote social justice is something that can happen and should happen throughout any school year and be weaved into regular class activities. The following are some resources you can use to continue the conversation beyond our day of affirmation:

- [Social Justice Standards - The Teaching Tolerance Anti-bias Framework](#): The Social Justice Standards feature age-appropriate learning outcomes divided into the domains of Identity, Diversity, Justice, and Action. These standards can be used to guide curriculum development and make schools more just, equitable, and safe.
- [Black Lives Matter at School](#) - The national Black Lives Matter At School coalition's Curriculum Committee features lessons for every grade level that relate to the 13 principles of Black Lives Matter.
- [Black Lives Matter - San Francisco Unified School District Teaching Page](#): a compilation of resources and lessons from San Francisco
- ["Talking About Race"](#) National Museum of African American Culture Releases Web Portal to help people explore issues of race, racism and racial identity

Articles & Websites

- [How to Make This Moment a Real Point of Change](#) by Barack Obama
- [Op Ed: Phoenix Suns Head Coach](#) - Monty Williams is Afraid, Angry and In Pain
- [Op Ed: Kareem Abdul Jabbar](#): Don't Understand the Protests? What You're Seeing Is People Pushed to the Edge
- [Op Ed: Val Demings](#) - My Fellow Brothers and Sisters in Blue, What The Hell Are You Doing?
- [Preparing to Discuss Michael Brown in School](#): Discussion guide and references created by the Washington DC public Schools
- [White Privilege and Male Privilege: A Personal Account of Coming to See Correspondences Through Work in Women's Studies](#):
- [Don't Say Nothing](#): from the Fall 2016 issue of Teaching Tolerance magazine
- [Teaching and Mentoring for Racial Justice](#): Resources for talking about race in and around our school communities.
- [Unpacking the Knapsack of White Privilege](#): classic article by Peggy McIntosh
- [Black Lives Matter Syllabus](#)
- Oakland Public Library #BlackLivesMatter Resource listings on [Institutional Racism](#), [Talking to Kids About Racism and Justice](#), [Protest Traditions](#), [Social Movements](#), and [Community Visions for Racial Justice](#), and [Police Conduct, Race, and the Justice System](#).
- [A System of Racial and Social Control](#): Frontline interview with Michelle Alexander
- [A Talk to Teachers](#) by James Baldwin - 10/16/63

Books

Note: The books below are linked to Amazon so you can find them easily. However, you are not obligated to buy from Amazon and we encourage you to purchase from your local bookstore (preferably BIPOC owned), such as [Eso Won Books](#) in Los Angeles, whenever possible.

- [The New Jim Crow](#) by Michelle Alexander
- [For White Folks Who Teach in the Hood... and the Rest of Y'all Too: Reality Pedagogy and Urban Education](#) by Christopher Emdin
- [Privilege, Power, and Difference](#) by A.G. Johnson
- [Post Traumatic Slave Syndrome](#) by Joy Degruy
- [All American Boys](#) by Jason Reynolds and Brendan Keily
- [Daddy, There's a Noise Outside](#) by Kenneth Braswell
- [A is for Activist](#) by Innosanto Nagara
- [White Rage](#) by Carol Anderson
- [Lies My Teacher Told Me](#) by James W. Loewen
- [How to Be an Antiracist](#) by Ibram X. Kendi
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Water Dancer](#) by Ta-Nehisi Coates (really, anything by Ta-Nehisi Coates)
- [The Color of Water](#) by James McBride
- [When Affirmative Action Was White](#) by Ira Katznelson
- [Becoming](#) by Michelle Obama
- [Slaves in the Family](#) by Edward Ball
- [The Miseducation of the Negro](#) by Carter Godwin Woodson
- [A More Beautiful and Terrible History: The Uses and Misuses of Civil Rights History](#) by Jeanne Theoharis
- [The Souls of Black Folk](#) by W.E.B. DuBois
- [Beloved](#) by Toni Morrison
- [Walking with the Wind: A Memoir of the Movement](#), John Lewis
- [How to Be Black](#) by Baratunde Thurston
- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Stamped from the Beginning](#) by Ibram X. Kendi
- [The Master's Tools Will Never Dismantle the Master's House](#) by Audre Lorde
- [Faces at the Bottom of the Well](#) by Derrick Bell
- [The Promised Land](#) by Nicholas Lemann
- [Buried in Bitter Waters](#) by Elliott Jaspin
- [Just Mercy](#) by Bryan Stevenson
- [Whistling Vivaldi](#) by Claude Steele
- [Between the World and Me](#) by Ta-Nehisi Coates
- [Americanah](#) by Chimamanda Ngozi Adichie
- [The Fire Next Time](#) by James Baldwin
- [At the Hands of Persons Unknown](#) by Philip Dray
- [Narrative of the Life and Other Writings](#) by Frederick Douglass



- [The Bluest Eye](#) by Toni Morrison
- [Hood Feminism: Notes from the Women that the Movement Forgot](#) by Mikki Kendall
- [Blindspot: Hidden Biases of Good People](#) by Banaji & Greenwald
- [Black Wealth/White Wealth](#) by Oliver & Shapiro
- [The Source of Self-Regard](#) by Toni Morrison
- [The Strange Career of Jim Crow](#) by C. Vann Woodward
- [The Color of Law](#) by Richard Rothstein
- [“Why Are All the Black Kids Sitting Together in the Cafeteria?”](#) by, Beverly Daniel Tatum, Ph.D.
- [Me and White Supremacy](#) by Layla F. Saad
- [White Fragility: Why It’s So Hard for White People to Talk about Racism](#) by Robin Diangelo
- [The Color Purple](#) by Alice Walker
- [Sundown Towns](#) by James W. Loewen
- [Black Reconstruction in America: 1860-1880](#) by W.E.B. DuBois
- [Freedom is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement](#) by Angela Y. Davis
- [Long Walk to Freedom](#) by Nelson Mandela
- [Sister Outsider: Essays and Speeches](#) by Audre Lorde
- [12 Years a Slave](#) by Solomon Northup
- [Slavery by Another Name](#) by Douglas A. Blackmon
- [American Born Chinese](#) by Gene Luen Yang
- [The Curious Incident of the Dog in the Night-Time](#) by Mark Haddon
- [At the Dark End of the Street](#) by Danielle L. McGuire
- [Born on a Blue Day](#) by Daniel Tammet
- [Angels in America](#) by Tony Kushner
- [Rubyfruit Jungle](#) by Rita Mae Brown
- [The Normal Heart](#) by Larry Kramer
- [My Beloved World](#) by Sonia Sotomayor
- [Critical Race Theory: The Key Writings That Formed the Movement](#) by Kimberle Crenshaw, et al.
- [The Brutal History of Anti-Latino Discrimination in America](#) by Erin Blakemore
- [Mascaras, Trenzas, Y Grenas: Un/Masking the Self While Un/Braiding Latina Stories and Legal Discourse](#) by Margaret Montoya

Video & Film

- [13th](#): Documentary by Ava DuVernay which explores how the Thirteenth Amendment led to an epidemic of mass incarceration in the United States (available on Netflix)
- [The Consciousness Gap in Education: The Equity Imperative](#): A short TedTalk for educators about why we must see, reflect and talk about race. A great starting point for staff.



- [5 Ways of Understanding Black Lives Matter](#): Watch NYU Professor Frank Leon Roberts break the BLM Movement down, keeping it real. His talk starts about a minute into the video.
- [Just Mercy](#) - After graduating from Harvard, Bryan Stevenson heads to Alabama to defend those wrongly condemned or those not afforded proper representation (Currently Free on Google Play and Amazon Prime Video 6/2020)

Resources for Families

- **Read Aloud and Discuss with your Child:** [Something Happened in Our Town](#) by Marianne Celano or [Let's talk about race](#) by Julius Lester.
- **Use these Questions to start the conversation with your Teenager:** [George Floyd, Racism and Law Enforcement](#) - article and discussion questions for parents, families and caregivers
- **Watch a Show with Your Child:** [Coming Together: Standing Up to Racism, Sesame Street](#) and CNN on June 6th at 7am. How to watch: The town hall will air on CNN, CNN International and CNN en Español. It will stream live on CNN.com's homepage and across mobile devices via CNN's apps, without requiring a cable log-in.
- **Watch a Movie:** [Just Mercy](#) - After graduating from Harvard, Bryan Stevenson heads to Alabama to defend those wrongly condemned or those not afforded proper representation (Currently Free on Google Play and Amazon Prime Video 6/2020)
- **Talk about Race:** [RESilience](#): Resources for Parents Uplifting Youth Through Healthy Communication About Race
- **Take a Virtual Museum Tour:** [Free Virtual Exhibits](#) - National Museum of African American History
- **Read More:** [Advice, Book and Movie Recommendations](#) for parents in English and Spanish from Common Sense Media

Resources from the Korean Youth + Community Center

Anti-Racism Resources for Korean Americans

- [Where does the Asian experience in America go from here?](#)
- [Dear my fellow Korean Americans](#)
- [위안부 제도와 흑인 노예제도의 공통점](#)
- [Korean-translated Letters for Black Lives](#)
- [This is why I'm vocal about the Black Lives Matter movement](#)

Korean-Language posts:

- https://www.instagram.com/p/CA_KOzvlQ7p/



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Anti-Racism posts en español

- [How to Talk to Kids About Racial Prejudice](#)
- Ways to Help: <https://lasvidasnegrasimportant.carrd.co/>
- [Master List of Petitions, Places to Donate, and more](#)
- [Anti-Racist Education](#)
- [Protest Safety Guidelines](#)
- https://www.instagram.com/p/CA_yp8JHZee/
- [Vocabulary reference sheet](#)
- <https://www.instagram.com/p/CA6KpSnAjce/>
- [Useful Spanish translations for having conversations with Spanish speaking folks about anti-blackness](#)
- [An open letter from Latinxs to our families](#)

Resources for Confronting White Nationalism

- [Lessons From An Insurrection: A Day After D. C. Rampage, How 15 Educators From Across U.S. Helped Students Make Sense of the Chaos](#) (The 74)
- [Confronting White Nationalism Toolkit](#)
- [Learning to Lead for Racial Equity](#)
- Book: [We Want to Do More than Survive: Abolitionist Teaching and the Pursuit of Educational Freedom](#) (also available from other booksellers)

Resources for Fighting Anti-Asian Racism

Take Action

- Act to Change: [Racism is a Virus Toolkit](#)
- Asian Americans Advancing Justice: “[Coronavirus/COVID-19 Resources to Stand Against Racism](#)”
- Asian Americans Advancing Justice: [Bystander Intervention Trainings](#)
- [The Asian American Racial Justice Toolkit](#)
- [Hate is a Virus](#) - a nonprofit community of mobilizers and amplifiers that exists to dismantle racism and hate
- Teach for America: “[Condemning Anti-Asian Violence Requires More Than Words](#)”
- Report anti-AAPI hate crimes and assaults: [Stop AAPI Hate](#)
- @KimSaira and @Annie_Wu_22: [How to Be an Ally and Help Asian Americans Fight Anti-Asian Racism](#)

Learn More

- NPR: [Anger And Fear As Asian American Seniors Targeted In Bay Area Attacks](#) and [Unpacking The Surge In Violence Against Asian Americans](#)
- Axios: [Recent attacks spark renewed focus on anti-Asian violence](#)



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- USA Today: ['Stop killing us': Attacks on Asian Americans highlight rise in hate incidents amid COVID-19](#)
- Time: ["I Will Not Stand Silent.' 10 Asian Americans Reflect on Racism During the Pandemic and the Need for Equality"](#)
- Learning for Justice: [Addressing Anti-Asian Bias](#)
- Teen Vogue: ["As Coronavirus Spreads, So Does Anti-Chinese Racism"](#)

Lesson Plans

- [Asian Americans Face a Wave of Discrimination During the Pandemic](#) (Share My Lesson)
- [Coronavirus, Racism and Xenophobia](#) (Share My Lesson)
- [COVID-19 Related Anti-Bias Education Resource Guide](#) (NYC Department of Education)
- [Lesson of the Day: A Rise in Attacks on Asian Americans](#) (*The New York Times*)
- [Teaching About Anti-Asian Racism and Xenophobia](#) (Educators 4 Social Change)
- [Coronavirus and Infectious Racism](#) (Anti-Defamation League)
- [Lesson of the Day: Asian Americans Face a Wave of Discrimination During the Pandemic](#) (PBS)
- [How to respond to coronavirus racism](#) (Learning for Justice)
- [Teaching Tolerance Lessons](#) (Learning for Justice)
- [Kindness Heals](#) (The Smithsonian Asian Pacific American Center)
- [Anti-Racism Videos](#) (We are Teachers)

Resources for Learning about Indigenous and Native Peoples

Resources from IllumiNatives

- [IllumiNatives Insight Action Guide](#) for aspiring allies
- [IllumiNatives Indigenous People's Day Toolkit](#)

American Indians in Children's Literature

- [American Indians in Children's Literature](#), Dr. Debbie Reese (Nambé Owingeh)
- Social Justice Books: [American Indians Booklist](#) compiled by Dr. Debbie Reese, including board books, elementary school, middle school, and high school books

Resources for Teachers

- ["Tips for Teachers: Developing Instructional Materials about American Indians,"](#) Dr. Debbie Reese (Nambé Owingeh) and Jean Mendoza (White)
- [About the history of Indigenous People's Day for grades K-5](#)
- [Lesson plan about the real history of Christopher Columbus for grades 9-10](#)

First Nations Development Institute

- First Nations Development Institute have compiled lists of what they consider to be essential reading for anyone interested in the Native American experience:

- [Booklist for adults](#)
- [Recommended reading for children and young people](#)
- [“Tribal Nations and the United States: An Introduction,”](#) National Congress of American Indians”

Native American and Indigenous Peoples History

- The Atlantic: [“Death by Civilization. Thousands of Native American children were forced to attend boarding schools created to strip them of their culture.”](#)
- Native Words Native Warriors: [“Boarding Schools: Struggling with Cultural Repression”](#)
- Native Words Native Warriors: [Code Talking: Intelligence & Bravery](#)
- History.com: [Native American History](#)
- [California Executive Order Apologizing to Native Peoples](#)
- [US Apology to Native Peoples \(2009-2010\)](#)

Booklist from the [Holocaust Museum Houston](#)

- [Alex Alvarez - Native America and the question of genocide](#)
- [Ward Churchill - A little matter of genocide: holocaust and denial in the Americas, 1492 to the present](#)
- [Alexander Laban Hinton - Hidden genocides: power, knowledge, memory](#)
- [Leslie Alan Horvitz - Encyclopedia of war crimes and genocide](#)
- [Ben Kiernan - Blood and soil: a world history of genocide and extermination from Sparta to Darfur](#)
- [Alexander Mikaberidze - Atrocities, massacres, and war crimes: an encyclopedia](#)
- [David E. Stannard - American Holocaust: the conquest of the New World](#)
- [Andrew John Woolford - Colonial genocide in indigenous North America](#)

LGBTQ+ Resources

- ADL: [LGBTQ Pride Month and Education Resources](#)
- Families in Schools: [LGBT+ Resources](#) for families and students | [Recursos LGBT+](#)
- GLSEN: [The Educator’s Guide to LGBT Pride](#) | [Educator Resources](#)
- Harvard Gazette: [“Stonewall Then and Now”](#)
- Our Family Coalition and ONE Archives Foundation: [Teaching LGBTQ History](#)
- PBS: [Stonewall Uprising](#) (film) and [Milestones in the American Gay Rights Movement](#)
- Trevor Project: [National Survey on LGBTQ Youth Mental Health 2021](#)

Resources about Armenia



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- Learn more about the current war waged on Armenia and Artsakh in this [Vice News segment](#).
- Resources about the Armenian Genocide of 1915:
 - Armenian National Institute: [Armenian Genocide Resource Guide](#)
 - History.com: [Armenian Genocide](#)

Civic Engagement

- [Register to vote](#) If you can, please register to vote so you can use your voice to vote for elected officials and policies that support our community.
- [Contact your local elected officials](#): Hold your elected representatives accountable to keeping Black lives safe. This page finds their contact info, creates, and sends an email or tweet to them.



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